



to be most itself

by Alissa Voth

PERFORMANCE NOTES

INSTRUMENTS

12 oz, half pint mason jar
coffee tin, large enough to fit over top of mason jar
pan
hardcover book
fork
spoon

NOTEHEADS

regular - hit (assume fingers unless directed otherwise)
x - scrape (assume fingernails unless directed otherwise)
long x - scrape in one continuous motion
diamond - place on top of (moving down) or open (as in book cover)
headless - picking up (moving upwards) or shut (as in book cover)
square - hit with fists
triangle - hit with palms

OTHER

tremelo - scrape back and forth quickly

SUGGESTED SETUP



to be most itself

by Alissa Voth, for Euphina Yap

Text by Tamar Adler, from *An Everlasting Meal*

Spoken freely:

The noodle or the tender spring pea would be narcissistic to imagine that it already contained within its cell walls all the perfection it would ever need. We seem, too, to fear that we are failures at being tender and springy if we need to be seasoned. It's not so: it doesn't reflect badly on pea or person that either needs help to be most itself.

$\text{♩} = 180$ **5X** **5X**

tin can

bottom
side
inside
top edge

f fork

sim.

mason jar

bottom
side
inside
top edge

f can

sim.

pan

bottom
side
inside
top edge

book

front cover
inside cover
first page
page edges

3 **3X** **5X**

5 **5X** **7X** **5X**

slowly dimin. with each repetition →

8

10

Spoken freely, moving the tin on and off of the mouth to mute periodically:
The noodle or the tender spring pea would be narcissistic to imagine that it already contained within its cell walls all the perfection it would ever need.

11

*place the can in the pan, bottom side up.
 put down fork - play next measures with hands
 book is closed - play on top of front cover*

12 $\text{♩} = 72$ **5X** **3X** **4X**

book

front cover
inside cover
first page
page edges

mf

3X

15 Clap

Perc.

4X

17

Perc.

open book

20 $\text{♩} = 90$

Perc.

mf

we seem too, to fear that we are fail-ures at be-ing ten-der

3X

23

Perc.

fail - ures be - ing ten-der and sprin-gy if we need to

25

Perc.

be we need to be seas-oned

27 $\text{♩} = 180$ 5X

can
bottom
side
inside
top edge

jar
bottom
side
inside
top edge

pan
bottom
side
inside
top edge

book
front cover
inside cover
first page
page edges

f *f* *f* *f* fork

can fork

use RH with fork in hand final repetition

29 7X

can

jar
can fork

pan
fork can

book

5X

Musical score for measures 31-32, repeated 5 times. The score is for five instruments: Spoon, can, jar, pan, and book. The key signature is one flat (B-flat) and the time signature is 6/8. Measure 31 starts with a double bar line and a repeat sign. The notes and lyrics are as follows:

Instrument	Measure 31	Measure 32
Spoon	rest	fork
can	rest	fork
jar	rest	can fork can
pan	can	rest
book	can	rest

3X

Musical score for measures 33-34, repeated 3 times. The score is for five instruments: Spoon, can, jar, pan, and book. The key signature is one flat (B-flat) and the time signature is 6/8. Measure 33 starts with a double bar line and a repeat sign. The notes and lyrics are as follows:

Instrument	Measure 33	Measure 34
Spoon	rest	fork
can	rest	fork
jar	rest	can fork can
pan	rest	rest
book	can	rest

5X

Musical score for measures 35-36, repeated 5 times. The score is for five instruments: Spoon, can, jar, pan, and book. The key signature is one flat (B-flat) and the time signature is 6/8. Measure 35 starts with a double bar line and a repeat sign. The notes and lyrics are as follows:

Instrument	Measure 35	Measure 36
Spoon	rest	fork
can	rest	fork
jar	rest	can fork can
pan	rest	rest
book	can	rest

slowly dimin. with each repetition _____

37 **3X**

Spoon

can

book

fork

p fork

open book

40

Spoon

can

Spoken freely and dramatically: *It's not so: it doesn't reflect badly on pea or person that either needs help to be most itself.*

41 *a tempo*

jar

pan

book

ff can

fork